

## Workshop overview

The workshop aims to strengthen research skills among nursing and allied health professionals and students (post-graduate) encouraging them to utilize research-generated knowledge in routine clinical practice. It presents an overview of research designs and statistical methods and provides a hands-on training on various stages of research from problem formulation to study design, data collection, data analysis and interpretation. By the end of the workshop, participants will be able to:

- ✓ Understand the importance of conducting research
- ✓ Plan, design and conduct a research study
- ✓ Communicate the study findings

## Who should attend

This workshop is primarily aimed at faculty and (postgraduate) students of nursing and allied health sciences and others associated with health research.

## Organization & Delivery

Course faculty will be from St John's college of Nursing and from St John's Medical College & Research Institute.

### Contact:

epibioonline@gmail.com

epibio@sjri.res.in

080-49467030

## Registration

Filled registration form ([www.sjri.res.in](http://www.sjri.res.in)) should be submitted by 31<sup>st</sup> Mar 2024. Workshop fee includes tuition fee and workshop expenses. Fee is to be paid along with the registration form through NEFT.

### NEFT Details

Beneficiary name: St. John's Research Institute  
Bank name: Bank of Baroda  
Beneficiary's bank A/c #: 05210100024920  
Branch: John Nagar, St. John's Medical College, Bangalore-560034  
IFSC code: BARBOSTJOHN (5th digit zero)

Please send in details of NEFT transfer (your name and transaction details) to [epibioonline@gmail.com](mailto:epibioonline@gmail.com)

## For further enquiry

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St. John's Research Institute  
St. John's National Academy of  
Health Sciences,  
Bangalore 560034

# Workshop on Research Methods in Health for Nurses and Allied Health Professionals



**This Course has 22 Credit Points from  
Karnataka State Nursing Council**

**Dates: 2<sup>nd</sup>– 4<sup>th</sup> April 2024**

### Workshop fee:

Before **20<sup>th</sup> March 2024**

Rs.3000/- (for students) & Rs.4000/- (for faculty) plus 18% GST

After **20<sup>th</sup> March 2024**

Rs.4000/- (for students) & Rs.5000/- (for faculty) plus 18% GST

### Venue:

St. John's Research Institute, Bangalore

# Workshop Schedule

## 2<sup>nd</sup>– 4<sup>th</sup> April 2024

Day	Session 1	Session 2	Session 3	Session 4		Session 5	Session 6	Session 7		Session 8	Session 9		Session 10
Day 1	9:00-9.30 Introduction and Pre-test	9:30-10:00 What is Research and why conduct research ?	10:00-10:30 What is Research Protocol ?	10:30-11:00 Let's work together !	10 min B R E A K	11:10-11.40 How to frame a research question/ research title?	11:40-12:10 What do I want to achieve through this study ?	12:10-12:40 What has been done before in the field of your study?	30 min L U N C H B R E A K	1:10-2:40 How will this study be conducted?	2:40-3:40 Let's work together !	10 min B R E A K	3:50-4:30 How much does the study cost ?
Day 2	9:00-9.30 Which is my study methodology qualitative or quantitative ?	9:30-10:00 What is the meaning of study designs?	10:00-10:30 Describing and understanding study data -1	10:30-11:00 Let's work together !		11:10-11.40 What is a study tool?	11:40-12:10 How many is enough ?	12:10-12:40 Describing and understanding study data -2		1:10-2:40 Learning a new tool - Gantt Chart	2:40-3:20 Let's work together !		3:50-4:30 Understanding Qualitative study
Day 3	9:00-9.30 Does my study need ethical approval?	9:30-10:00 Learning a new tool - Mind mapping	10:00-10:30 How do I communicate my study findings?	10:30-11:00 Let's work together !		11:10-11.40 Learning a new tool - Google documents	11:40-12:10 12:10-12:40 Group work presentation (Group 1)			1:10-2:40 Group work presentation (Group 2)	2:40-3:20 Group work presentation (Group 3)		3:50-4:30 Valedictory and Group work presentation (Group 4 &5)

- Participants will work in groups to develop a research project protocol during the course. The practical application of theoretical concepts will happen during this group work.
- These protocols will then be presented to research experts for critical feedback and suggestions for future improvement.

### Feedback from earlier participants

Both theory and practical aspects of research was covered simultaneously by highly experiences facilitators. The hands-on practical training helped us in understanding theory better.

The course was a step-by-step guide on health research methods. The new tools were very interesting.